

Friends

These contactbrief is
a publication of the
Foundation Friends of Nazareth
English edition

www.friends-nazareth.nl

Number 64 - June 2019

our
students
thank you
for your
donation!

Diptych Rasha

The scholarship project, a mission

Students mail

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The scholarship project, a mission

'Facilitating the higher education of young Palestinian women to make them equal conversation partners with their Israeli peers.'

This is why since 1985 the Foundation Friends of Nazareth has supported Palestinian students with scholarships for higher education. To ensure the continuation of this program the Sana Foundation was set up as our partner organization in Israel a few years ago. The boards of both foundations are now reaping the rewards.

At the moment the scholarship program comprises ten students, four of them selected by the Sana Foundation. One of these get her grant directly from the Sana Foundation: the repayments of loans by graduated scholarship students. The other three are still supported by the Foundation Friends of Nazareth. The Foundation Friends of Nazareth supports another six students, who started their studies in the previous years. Read their impressions of this half year at: [www. Friends-nazareth.nl](http://www.Friends-nazareth.nl).

The students of Sana Foundation

JENAN

Faculty of Medicine Tel Aviv University



Jenan

As fifth year student I volunteer at the Health Fund in Um el Fahaem. Taking blood samples of patients, Physical examination of patients and diagnosing patients. It was really fun especially when I'm volunteering in my field. I feel empathy towards people, and I help them in all fields and with all my strength

RIM

**Hebrew University Jerusalem
Medicine faculty nursing**

I work in Dar Al Tiffel, House for children in Sakhnin.

All ages 5 until 12 year are welcome. The activities are focus on art like painting, clay and so on. I work there with the children, as me myself always went there when I was a kid.

The volunteer work at Dar Al Tiffel is very nice, as I like to work with children

Become a nurse

My passion is with the ambulance work, what I did for three years. Here I got the idea to become a nurse, as I liked the medical side of the work. And as soon as I have time enough to go back and volunteer for them, I will do that. After I finished the high school, I also took a certificate.



Rim

Maria

**Special education and science in
Gordon College in Haifa**

I volunteer at Tarkiz organization, I teach students that came there after school, there is kids that have difficulties as deficit problems, or they have an educational gap that I sit with them alone and help them improve their study.

I am so happy that I decide to volunteer here, Manal the boss of Tarkiz help me a lot in every question that I have and difficulty with the kids that she give me to teach also, I love that I found a place

that have student with difficulties as the topic that I study for in my college so I take tools and now I know more how to work with kids with difficulties



Maria

Turkia

**Bezalel Academy of Art and Design faculty
Visual communication in Jerusalem**

I have been given the task to build a website and update other websites of business that the for-PEACE foundation has been supporting.

I've started working on this project before starting the school year. I've learnt many things pertaining to design and the logistics of setting up a marketing website. It's also a project for a good cause and I've been immensely inspired by Mariam, the woman we are helping set up a website for. Honestly speaking, I have not been able to work further on. It's been an incredibly intensive and demanding semester for me, and I am planning on fulfilling my hours during my breaks.



DONATE

This is possible to Sana Foundation. They are building up the scholarship program in Israel.

Bank Leumi, branche 879
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Thanks a lot!

.... And our own students

Nada

English in Orogot

In my opinion, one can get much from volunteering. Doing something so noble for someone else; arouses the sensation of kindness and gratification. Although, the main motivation is because of the scholarship, but it certainly has that outcome. It is very inspirational to volunteer, to spend time talking and encouraging those struggling students. I feel like I make them feel better, while give them affection and attention, since, after all, our time is the most valuable thing we can give each other. Volunteering helps me forget about my own issues for a while because at that time I have to focus on somebody else's problems.

Sailing ship

I do not deny that I am having a tough time trying to manage raising my baby girl and going to college and being a wife/mother/daughter/sister/friend. Sometimes I feel overwhelmed and I am few seconds away from giving up. Nevertheless, then I look at how far I have come, and I just pull myself together. My life is like a sailing ship, no stopping in the middle, even if land is nowhere to be seen, I am sure it will someday. And it will all be worth it.

Afraa

Optometry in Jerusalem

I still volunteer with little children. I enjoy very much making a mess as you see on this picture.

As you all know I started working from the third year, beside to my studying

and volunteering, now that I am fourth year, I feel myself ready to finish my study and start my life. I learned how to act under pressure, how to do more than one task, how to deal with people of a lot of kinds, old people, children, babies. And most important how-to successes while doing all of these things.

This volunteering taught me that when you really give even if it was a little you feel satisfied with yourself, and that will reflect on your life. You learn that it is okay to give from your time for society, and the evidence that this volunteering is not affecting my studying and my work. The opposite it's helping me to build my character and to use my free time with useful things.

Soltana

English and Arabic

Dear Foundation members how are you all? Hoping everything is doing well with you all.

I'm writing to you to show you my appreciation for your kindness to support me this year to continue my education after I faced so many obstacles.

This year I volunteered differently, in different institutions; in Soroka hospital, mainly in the children's cancer part and in Al-Amal Primary school, I teach Arabic in reading and writing, also, English. I do my best to make these children laugh and cooperate and join my activities because I lost my only friend Samia this year after her suffering of cancer.





Rasha about her job

"After finishing school, I've started to work as a social worker. Both working with mentally ill patients and physically ill patients, I've experienced the amazing bond between body and soul and the strong connection between them. As a social worker, I get to help people connect with their strengths and inner powers in order to empower them and help them cope with their mental or physical illness. I really love my job, I believe every day is a beautiful day to save souls not only bodies."

After finishing my MA and becoming a Social Worker. I've been working in hospital for the past couple of years. I'm still working partly in the Psychiatry in the Research Department. As part of my work in the Psychiatry As part of my work in the Psychiatry Researches: I've worked with mentally ill patients for many years,

trying to help them cope with their illness and with the society stigma about them. After finishing my research about cultural differences, I now research the way they experience the family/society stigma about them and about their illness.

As part of my work in the Hospital with physically ill people: I've experienced a whole other level of reality. As part of being a social worker, I try to help people cope with new health diagnosis or helping them and their families in the crisis of a hospitalization.

Sana Foundation well on track

Trees keeps us well informed about the developments in the coming period:

Sana Student Day

A special day, 21 June in Akko, for the four Sana students to meet and get to know each other and prepare themselves for a presentation during the General Assembly.

General Assembly on 28 June

In Israel a foundation, such as Sana, is required to have a General Assembly. This supervisory body has to approve the appointment of new board members and a foundation's annual accounts. Some former students are board members of the Sana Foundation's General Assembly.

Administrative assistant wanted

A jack of all trades. Essential requirement: fluency in Arab, Hebrew and English, knowledge of and experience in the complex Israeli laws and regulations concerning foundations and banking, and financial understanding. Won't be easy to find one, the selection is still ongoing.



View to the old city Akko



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FRIENDS, the contactbrief, appears twice a year. Our Foundation has an ANBI status. ISSN: 2452-1183.

Design Metastudio Eindhoven
Print Drukkerij Gianotten bv Tilburg
Cover picture Els Schots
Board Amin Ghazal, Els Schots
Hanneke Heisterkamp

